

# METRO MONTCLAIR

## Salads

**Mixed Greens** with red wine vinaigrette 6.50 + buttermilk blue or Sonoma goat cheese 1.95

**Caesar Salad** with anchovy, shaved Reggiano & garlic croutons 9.25

**Chopped Salad** with crispy bacon, avocado, egg & buttermilk blue cheese dressing 9.95

**Rock Shrimp Salad** with Romaine lettuce, avocado & green goddess dressing 11.95

Organic **Beet Salad** with mâche, candied walnuts & Sonoma goat cheese 9.75 (Add Rosie's Organic Chicken 4.00)

## Small Plates

**French Onion Soup** with Gruyere crostini 7.50 Cup 4.95

Spicy raw **Tuna Poke** with cucumbers & sesame crackers 11.25

**Creamy Polenta** with mushroom ragout & chive mascarpone 9.25

Crispy **Brussels Sprouts** with lemon & sea salt 7.75

Liberty Farms **Duck Liver Pâté** with cornichons & Acme crostini 6.75

**Cheese Plate** of Mezzo Secco with Granny Smith apple & candied walnuts 7.25

**Tempura Prawns** with spicy aioli, cucumber salad, lime & sea salt 9.75

Braised Metro **Meatballs** with San Marzano tomato sauce and parmesan 9.95

## Entrées

Roasted grass-fed **Hanger Steak** with potato-fennel au gratin and romanesco sauce 17.95

**Parisian Gnocchi** with mushrooms, root vegetables, spinach, & Pecorino Romano 12.95

Pan-seared **Petrale Sole** with mashed potatoes, haricots vert & citrus beurre blanc 16.50

Pork Loin **Schnitzel** with braised red cabbage, mashed potatoes & whole grain mustard sauce 17.50

Wild **Fish Tacos** with salsa verde, avocado, lime crema & mixed greens 12.95

Braised grass-fed **Beef Short Ribs** with butterball beans, carrots & gremolata 16.95

**Hoisin Ginger Chicken** with steamed rice and Kimchi 15.95

Five Dot Ranch **Metro Bar Burger** with Treasure Island sauce and fries 7.50

## Snacks

Mixed marinated **Olives** 4.25

**Apple Slaw** with Napa cabbage 3.75

French **Fries** with aioli 5.00